Skill Assessment for 4.0 Players

| Name: | | | _ Self-Rating: | _ Date: | | | | |
|--|----------------|-------------|---------------------------------------|---|-------------|-----|----------|---|
| Email: | | | Cell Phone: | #Games Obser | ved: | | | |
| | Weather Co | onditions: | | | | | | |
| | | To be fille | d out by the Rating Tea | <u>m</u> : | | | | |
| 4.0 Skill Level – sho | uld ALSO pos | ssess mos | t/all of 3.5 Skills | | | | | |
| Controls and alone | | -tf | | | 0 | 1 | 2 | ; |
| Controls and places | | | | · /directional control | | | \vdash | |
| • | | nano ano i | packhand groundstroke | s (directional control | , | | | |
| depth, placement, a | | ws (directi | ional control, depth, pla | coment and nace) | | | | |
| · | | | ectional control, depth, pla | | 2) | | | |
| Accuracy in placing l | | ileaus (uii | ectional control, deptil, | placement, and pace | =) | | | |
| <u>;</u> | | slow nace | ed (3 rd shot) from the ba | seline to annroach n | ρt | | | _ |
| | | | change at the net to elic | | | | | |
| | | | fast paced strategy, vice | · · · · · · · · · · · · · · · · · · · | | | | |
| Can block and return | • | | rast pacea strategy, vice | . versu | | | | |
| | | • | itting or hitting out-of-b | ounds | | | | |
| • | | | tching sides, and commu | | ed | | | |
| | | | ing their opponents bac | • | | | | |
| line and controlling | - | • | • | , | | | | |
| Consistently creates | • | - | | | | | | |
| · | | - | ir opponent's game | | | | | |
| Poaches effectively | | | | | | | | |
| Developing their use | e of spin on a | variety o | shots | | | | | |
| Maintains patience | in rallies | | | | | | | |
| Has good mobility * | | | | | | | | |
| Has good quickness | * | | | | | | | |
| Has good hand-eye | coordination | * | | | | | | |
| Svr. Requirement | -9 out of 10 | (90%) | Vol | ley Requirement – 9 o | ut of 10 (9 | 0%) | | |
| | YES | NO | | | YES | | NO | |
| Service Good | | | Backhand | I | | | | |
| Service foot faults | | | Forehand | | | | | |
| | | | Non-Volle | ey Zone foot faults | | | | |
| Svr. Return Require | ment – 9 out 1 | LO (90%) | | • | | | | _ |
| YES NO * - If a person cannot move qui | | | | | | | _ | |
| Good Forehand | | | _ | due to physical restrictions, then the rating will be reduced according to the physical | | | | , |
| Good Backhand | | | | | | | | |
| | 1 | | ∣ limitatio | ns as related to pla | aying the | gan | ne. | |

Legend: 0 = not observed or not able to execute, 1 = attempted, but poorly executed/needs work, 2 = good basic form/need work, 3 = solid, consistent performance